

# Breastcancer

**A selection of guides about treatments,  
support and self-image**



## **When a woman, sometimes a man, gets the diagnosis breastcancer,**

the shock is great.

Even persons, who are informed about the disease, feel panic and they cannot believe that they are personally touched with this awfull illness.

The lucky ones are those, who immediately recieve information material in form of brochures. At home, the new patients can try to understand the diagnosis and prevent by this to fall in headless panic.

## **You can find guides in English, French and German**

and mostly you can order or download the brochures for free. Don't hesitate to inform yourself about breastcancer.

Only a well-informed and active patient can follow and understand the necessary treatments. Stay informed after your initial treatment in order to preserve your health and well-being.

**If you have questions or if you need help, don't hesitate to contact your local cancer organisations. They are there for you.**

**English**



**Diagnosed with breast cancer: what now?  
Publisher: Breast Cancer Now - UK**

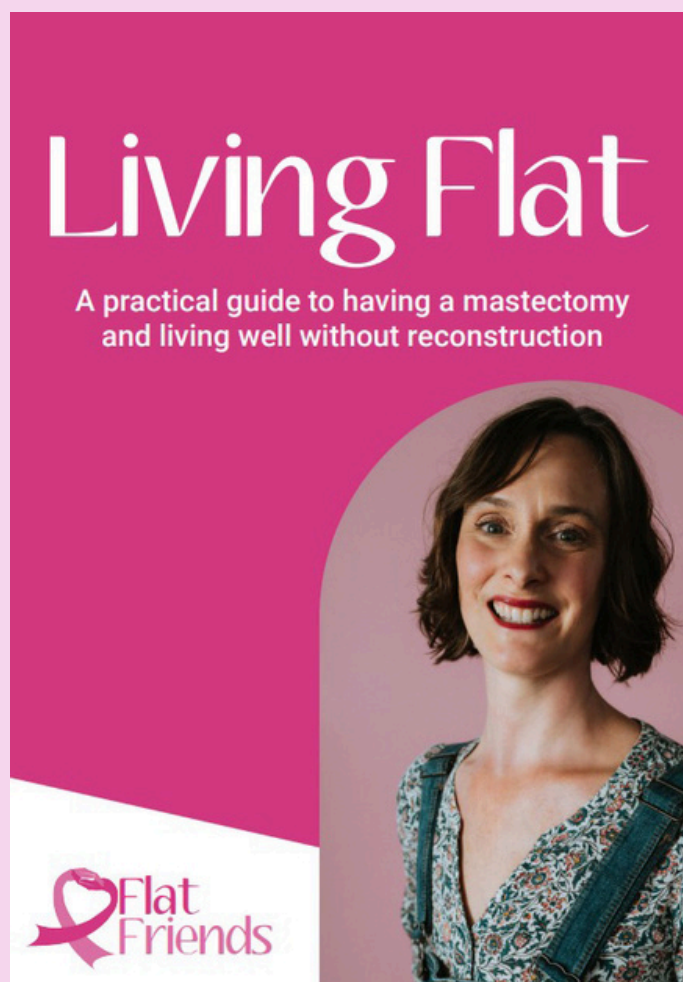
**Download / order**

**[www.breastcancernow.org](http://www.breastcancernow.org)**

- **Many related brochures available**



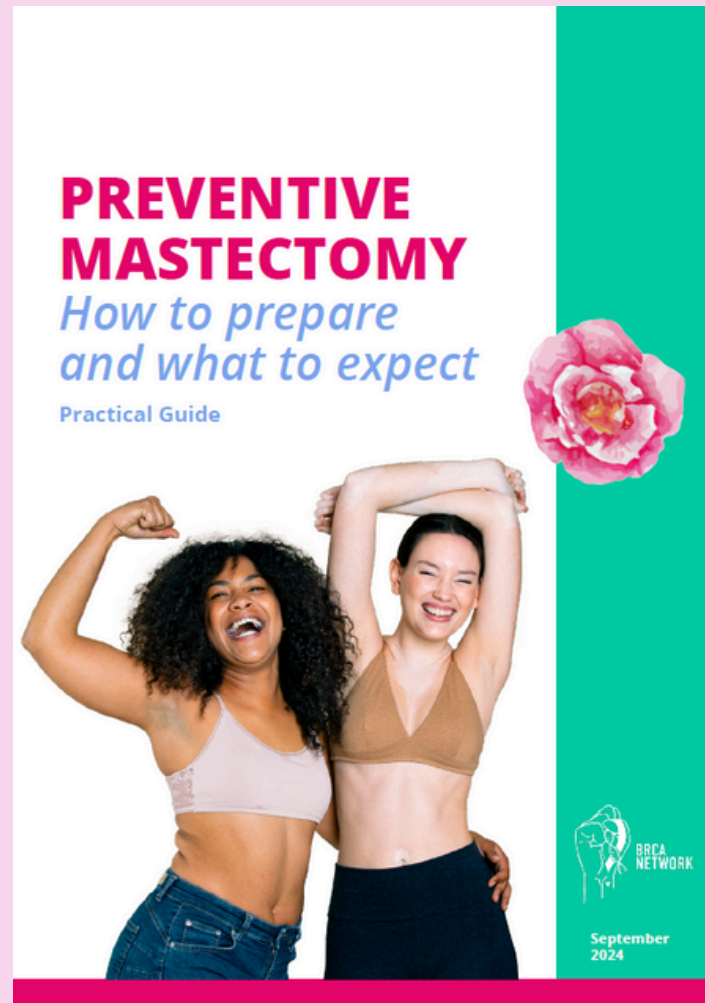
**English**



**Living Flat**  
**Publisher: Flat Friends UK**

**Download / order**  
**[www.flatfriends.org.uk](http://www.flatfriends.org.uk)**

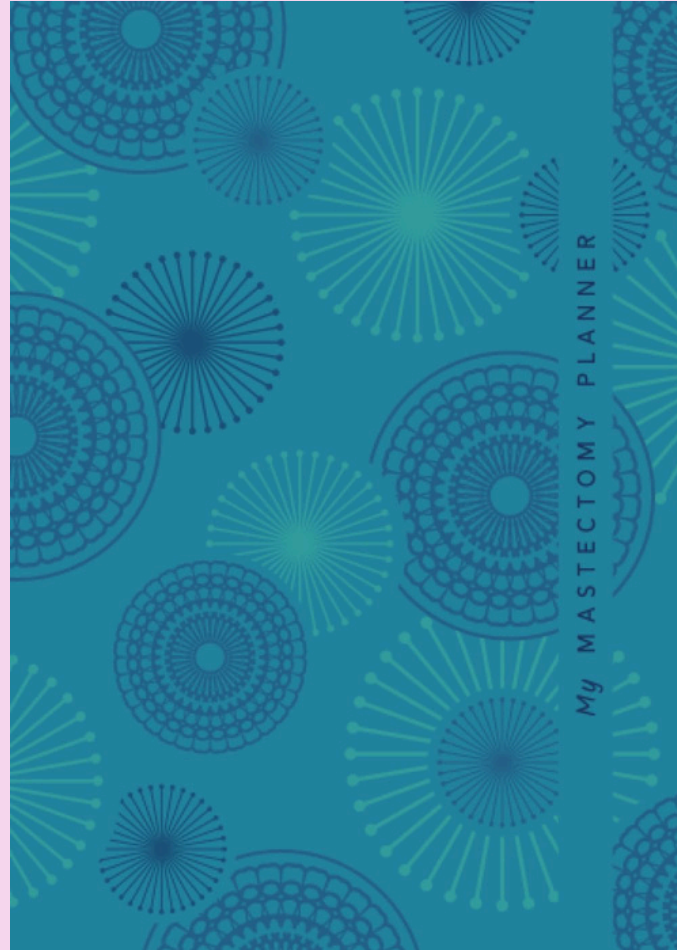
**English**



**Preventive mastectomy  
Publisher: BRCA Network - BE**

**Download / order  
[www.brcanetwork.be](http://www.brcanetwork.be)**

**English**



**My Mastectomy Planner**  
**Author: Katrin van Dam**  
**Publisher: Ad Astra Books**

**ISBN : 979-8986103327**  
**Purchase**

**Français**



**Les cancers du sein**

**Éditeur: Fondation pour la recherche sur le cancer - FR**

**Téléchargement / commande**

**[www.fondation-arc.org](http://www.fondation-arc.org)**

- **Beaucoup de brochures apparentées disponibles**



**Français**



**La mastectomie préventive**  
**Éditeur: BRCA Network - BE**

**Téléchargement / commande**  
**[www.brcanetwork.be](http://www.brcanetwork.be)**



# Français



**Comprendre mon compte rendu d'anatomopathologie**  
**Éditeur: Fondation Cancer - LU**

**Téléchargement / commande**  
**www.cancer.lu**

- **Beaucoup de brochures apparentées disponibles**



**Deutsch**



**Brustkrebs**

**Herausgeber: Deutsche Krebshilfe - DE**

**Download / Bestellung**

**[www.krebshilfe.de](http://www.krebshilfe.de)**

- **Viele verwandte Ratgeber vorhanden**



**Deutsch**



**Meinen Pathologiebefund verstehen**  
**Herausgeber: Fondation Cancer - LU**

**Download / Bestellung**  
**www.cancer.lu**

- **Viele verwandte Ratgeber vorhanden**



**Deutsch**



## **Brustrekonstruktion**

**Herausgeber: Mamma Mia! Das Brustkrebsmagazin**

## **Kaufen**

**[www.mammamia-online.de](http://www.mammamia-online.de)**

- **Viele verwandte Ratgeber vorhanden**



## **Community and support resources**

**[www.notputtingonashirt.org](http://www.notputtingonashirt.org) - Internet + Social Media**

**[www.standtallaafc.org](http://www.standtallaafc.org) - Internet + Social Media**

**[www.the-grace-project.org](http://www.the-grace-project.org) - Internet + Social Media**

**[www.flatclosurenow.org](http://www.flatclosurenow.org) - Internet + Social Media**

**[www.internationalflatday.wordpress.com](http://www.internationalflatday.wordpress.com) - Internet + Social Media**

**[www.flatfriends.org.uk](http://www.flatfriends.org.uk) - Internet + Social Media**

**[www.bprm.fr](http://www.bprm.fr) - internet + médias sociaux**

**[www.seinbiose.be](http://www.seinbiose.be) - internet + médias sociaux**

**[www.brcanetwork.be](http://www.brcanetwork.be) - internet + médias sociaux**

**[www.krank-durch-brustimplantate.com](http://www.krank-durch-brustimplantate.com) - Internet + Soziale Medien**

**[www.amsob.de](http://www.amsob.de) - Internet + Soziale Medien**

**[www.dasbuusenkollektiv.de](http://www.dasbuusenkollektiv.de) - Internet + Soziale Medien**

**[www.ronduitplat.nl](http://www.ronduitplat.nl) - Internet + Social Media**

**[www.plattnormen.se](http://www.plattnormen.se) - Internet + Social media**

**[www.ama-wear.com](http://www.ama-wear.com) - Internet + Social media**

**Julie Christie - médias sociaux**

**Mastectomia semplice senza ricostruzione - Social Media**

# Thank you

to the authors for putting their knowledge on paper.

These guides are valuable help for women and their families after breast cancer diagnosis and during breast cancer treatment.

If you discover a brochure which is missing on the list,  
please email the title to [mengwiel@gmail.com](mailto:mengwiel@gmail.com)



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